

## **Books:**

- *Be the Bridge* - Latasha Morrison - In this perspective-shifting book, Latasha Morrison shows how you can participate in this incredible work and replicate it in your own community. With conviction and grace, she examines the historical complexities of racism. She expertly applies biblical principles, such as lamentation, confession, and forgiveness, to lay the framework for restoration.
- *Between the World and Me* - Ta-Nehisi Coates - In a profound work that pivots from the biggest questions about American history and ideals to the most intimate concerns of a father for his son, Ta-Nehisi Coates offers a powerful new framework for understanding our nation's history and current crisis. Americans have built an empire on the idea of "race," a falsehood that damages us all but falls most heavily on the bodies of black women and men—bodies exploited through slavery and segregation, and, today, threatened, locked up, and murdered out of all proportion. What is it like to inhabit a black body and find a way to live within it? And how can we all honestly reckon with this fraught history and free ourselves from its burden?
- *How to Be An Antiracist* - Ibram X. Kendi - Antiracism is a transformative concept that reorients and reenergizes the conversation about racism—and, even more fundamentally, points us toward liberating new ways of thinking about ourselves and each other. At its core, racism is a powerful system that creates false hierarchies of human value; its warped logic extends beyond race, from the way we regard people of different ethnicities or skin colors to the way we treat people of different sexes, gender identities, and body

types. Racism intersects with class and culture and geography and even changes the way we see and value ourselves. In *How to Be an Antiracist*, Kendi takes readers through a widening circle of antiracist ideas—from the most basic concepts to visionary possibilities—that will help readers see all forms of racism clearly, understand their poisonous consequences, and work to oppose them in our systems and in ourselves.

- *No More Lies: The Myth and Reality of American History* - Dick Gregory - *No More Lies* offers this incomparable satirist's intellectual, conspiratorial, and humorous spin on the facts. No subject is off limits from his critical eye—Gregory examines numerous aspects of culture and history, from the slave trade, police brutality, the wretchedness of working-class life and labor unions to the 1968 Civil Rights Act, the Founding Fathers, “happy slaves,” and entrepreneurs.
- *Strength to Love* - Dr. Martin Luther King Jr. - In these short meditative and sermonic pieces, some of them composed in jails and all of them crafted during the tumultuous years of the Civil Rights struggle, Dr. King articulates and espouses in a deeply personal compelling way his commitment to justice and to the intellectual, moral, and spiritual conversion that makes his work as much a blueprint today for Christian discipleship as it was then.
- *Talking to Strangers* - Malcom Gladwell - Something is very wrong, Gladwell argues, with the tools and strategies we use to make sense of people we don't know. And because we don't know how to talk to strangers, we are inviting con-

flict and misunderstanding in ways that have a profound effect on our lives and our world.

- *Why Black Folk Tend to Shout* - Ralph Wiley - A collection of essays on popular culture as it relates to African Americans includes discussions of Spike Lee, Jackie Robinson, Bernhard Goetz, Marion Barry, "What Black People Don't Like," and "The Natural Superiority of Black Athletes."
- *White Fragility* - Robin DiAngelo - In this "vital, necessary, and beautiful book" (Michael Eric Dyson), antiracist educator Robin DiAngelo deftly illuminates the phenomenon of white fragility and "allows us to understand racism as a practice not restricted to 'bad people' (Claudia Rankine). Referring to the defensive moves that white people make when challenged racially, white fragility is characterized by emotions such as anger, fear, and guilt, and by behaviors including argumentation and silence. These behaviors, in turn, function to reinstate white racial equilibrium and prevent any meaningful cross-racial dialogue. In this in-depth exploration, DiAngelo examines how white fragility develops, how it protects racial inequality, and what we can do to engage more constructively.

### **Podcasts:**

- "Nice White Parents" - "If you want to understand what's wrong with our public schools, you have to look at what is arguably the most powerful force in shaping them: white parents. A five-part series from Serial Productions."

- “The Nod” - The Nod tells the stories of Black life that don’t get told anywhere else.
- “Stuff You Missed in History Class” (Various Episodes)
- “The Moth” - This podcast isn’t necessarily focused on race but it is merely real people telling real stories.
- “1919 Project” - In August of 1619, a ship carrying more than 20 enslaved Africans arrived in the English colony of Virginia. America was not yet America, but this was the moment it began. No aspect of the country that would be formed here has been untouched by the 250 years of slavery that followed. On the 400th anniversary of this fateful moment, it is time to tell the story.

### **Movies/Shows/Documentaries:**

- “Black-ish” - A fun yet bold look at one man’s determination to establish a sense of cultural identity for his family.
- “Black Panther” - T’Challa, heir to the hidden but advanced kingdom of Wakanda, must step forward to lead his people into a new future and must confront a challenger from his country’s past.
- “When They See Us” - Five teens from Harlem become trapped in a nightmare when they’re falsely accused of a brutal attack in Central Park. Based on a true story.
- “13th” - In this thought-provoking documentary, scholars, activist and politicians analyze the criminalization of African Americans and the U.S. prison boom.